



2020

Programa de Asistencia Alimentaria

San Diego Food Bank y North County Food Bank

No es necesario proveer ningún documento para recibir alimentos de cualquiera de nuestras despensas donde cada persona recibirá frutas frescas, vegetales y pan dependiendo de que esté disponible. Le recomendamos que traiga sus propias bolsas reutilizables para llevar sus alimentos.

Para localizar la distribución más cercana a

usted, favor de llamar al

1-866-350-FOOD (3663) o 2-1-1

SanDiegoFoodBank.org | NorthCountyFoodBank.org

REGIÓN	DÍAHORA	ORGANIZACIÓN Y DIRECCIÓN	CAMBIOS DE FECHA DE DISTRIBUCION
Central	1er martes 9:00 a.m. hasta agotar existencias	LGBT Community Center 3909 Centre St., San Diego, CA 92103	marzo 2020 - 10 de marzo noviembre 2020 - 10 de noviembre
	2do Lunes 9:00 a.m. hasta agotar existencias	Teen Challenge 5450 Lea St., San Diego, CA 92105	octubre 2020 - 5 de octubre
	3er Lunes 9:00 a.m. hasta agotar existencias	St. Stephen's Church of God 5825 Imperial Ave., San Diego, CA 92114	enero 2020 - 27 de enero febrero 2020 - 24 de febrero junio 2020 - 22 de junio
South Bay	1er viernes 9:00 a.m. hasta agotar existencias	South Bay Pentecostal 395 D St., Chula Vista, CA 91910	julio 2020 - 2 de julio
	2do martes 9:00 a.m. hasta agotar existencias	Hearts & Hands Working Together 2020 Alaquinas Dr., San Ysidro, CA 92173	No habrán cambios
	2do viernes 9:00 a.m. hasta agotar existencias	Journey Community Church 8363 Center Dr., Ste. 6C, La Mesa, CA 91942	agosto 2020 - 21 de agosto
East County	3er martes 4:00 p.m. hasta agotar existencias	El Cajon Seventh-Day Adventist Church 1630 E. Madison Ave., El Cajon, CA 92019	No habrán cambios
	3er miércoles 10:00 a.m. hasta agotar existencias	Faith Chapel 9400 Campo Rd., Spring Valley, CA 91977	No habrán cambios
	4to Viernes 4:00 p.m. hasta agotar existencias	Shabach 7240 Hard Scramble Trail, Julian, CA 92036	noviembre 2020 - 20 de noviembre diciembre 2020 - 23 de diciembre
			en la escuela Walter J Porter Elementary, 445 S 47th St, San Diego, CA 92113

North County

6:00 p.m. hasta agotar existencias	1er miércoles	Fallbrook Spanish Seventh-Day Adventist Church 439 Iowa St., Fallbrook, CA 92028	enero 2020 - 8 de enero
3:00 p.m. - 4:00 p.m.	1er Jueves	St. Andrew's Episcopal Church 890 Balour Dr., Encinitas, CA 92024	No habrán cambios
4:00 p.m. hasta agotar existencias	1er, 3er, y 5to viernes	Buckheart Ranch 16881 Old Survey Rd., Escondido, CA 92025	Julio 2020 - 2 de julio No habra distribución el 31 de julio
2:00 p.m. hasta agotar existencias	2do viernes	North City Church - Poway 11717 Poway Rd., Poway, CA 92064	No habrán cambios
3:30 p.m. hasta agotar existencias	3er o 4to Jueves	Smart Foods Foundation, Mission Middle School, 939 East Mission Avenue, Escondido, 92025	enero 2020 - 23 de enero febrero 2020 - 20 de febrero marzo 2020 - 19 de marzo abril 2020 - 23 de abril mayo 2020 - 21 de mayo junio 2020 - No habra distribución julio 2020 - No habra distribución agosto 2020 - 27 de agosto septiembre 2020 - 24 de septiembre octubre 2020 - 22 de octubre noviembre 2020 - 19 de noviembre diciembre 2020 - 17 de diciembre
2:00 p.m. hasta agotar existencias	3er viernes	Christ the King en Vallecitos Elementary School 5211 Fifth St., Rainbow, CA 92028	febrero 2020 - 28 de febrero marzo 2020 - 27 de marzo junio 2020 - No habra distribución julio 2020 - No habra distribución agosto 2020 - No habra distribución noviembre 2020 - 13 de noviembre diciembre 2020 - 11 de diciembre
3:00 p.m. hasta agotar existencias	4to lunes	Tribes 4 Christ 22000 Highway 76, Pauma Valley, CA 92061	may 2020 - No habra distribución
2:00 p.m. hasta agotar existencias	4to martes	Pauma Valley Community Church 32077 Community Church Dr., Pauma Valley, CA 92061	No habrán cambios
12:00 p.m. hasta agotar existencias	4to sábado	Provisions Relief Team 1001 W. Country Club Lane, Escondido, CA 92026	mayo 2020 - 16 de mayo noviembre 2020 - 21 de noviembre diciembre 2020 - 19 de diciembre
9 a.m. hasta agotar existencias	Ultimo miércoles	Fallbrook Food Pantry 140 N. Brandon Road, Fallbrook, CA 92028	No habrán cambios



2020

Neighborhood Distribution Program

San Diego Food Bank and North County Food Bank

No documentation is needed to receive food assistance from a Neighborhood Distribution site where people can receive fresh fruits, vegetables and bread based on availability. Families are encouraged to bring reusable bags or a cart with them to carry the food items.

For your local distribution site,
call 1-866-350-FOOD (3663) or 2-1-1
SanDiegoFoodBank.org | NorthCountyFoodBank.org

REGION	DAY/TIME	ORGANIZATION AND ADDRESS	RESCHEDULED DATES
Central	1st Tuesday 9:00 a.m. until food is gone	LGBT Community Center 3909 Centre St., San Diego, CA 92103	March 2020 - March 10 November 2020 - Nov. 10
	2nd Monday 9:00 a.m. until food is gone	Teen Challenge 5450 Lea St., San Diego, CA 92105	October 2020 - Oct. 5
	3rd Monday 9:00 a.m. until food is gone	St. Stephen's Church of God 5825 Imperial Ave., San Diego, CA 92114	January 2020 - Jan. 27 February 2020 - Feb. 24 June 2020 - June 22
	2nd Friday 9:00 a.m. until food is gone	Journey Community Church 8363 Center Dr., Ste. 6C, La Mesa, CA 91942	August 2020 - Aug. 21
	3rd Tuesday 4:00 p.m. until food is gone	El Cajon Seventh-Day Adventist Church 1630 E. Madison Ave., El Cajon, CA 92019	All distributions will be held on regularly scheduled days
	3rd Wednesday 10:00 a.m. until food is gone	Faith Chapel 9400 Campo Rd., Spring Valley, CA 91977	All distributions will be held on regularly scheduled days
East County	4th Friday 4:00 p.m. until food is gone	Shabach 7240 Hard Scramble Trail, Julian, CA 92036	November 2020 - Nov. 20 December 2020 - Dec. 23 at Walter J. Porter Elementary 445 S 47th St., San Diego, CA 92113
	1st Friday 9 a.m. until food is gone	South Bay Pentecostal 395 D Street, Chula Vista, CA 91910	July 2020 - July 2
South Bay	2nd Tuesday 9 a.m. until food is gone	Hearts & Hands Working Together 2020 Alaquinas Dr., San Ysidro, CA 92173	All distributions will be held on regularly scheduled days

REGION	DAY/TIME	ORGANIZATION AND ADDRESS	RESCHEDULED DATES
North County	1st Wednesday 6:00 p.m. until food is gone	Fallbrook Spanish Seventh-Day Adventist Church 439 Iowa St., Fallbrook, CA 92028	January 2020 - Jan. 8
	1st Thursday 3:00 p.m. - 4:00 p.m.	St. Andrew's Episcopal Church 890 Balour Dr., Encinitas, CA 92024	All distributions will be held on regularly scheduled days
	1st, 3rd, and 5th Friday 4:00 p.m. until food is gone	Buckheart Ranch 16881 Old Survey Rd., Escondido, CA 92025	July 2020 - July 2 No distribution on July 31
	2nd Friday 2:00 p.m. until food is gone	North City Church - Poway 11717 Poway Rd., Poway, CA 92064	All distributions will be held on regularly scheduled days
	3rd or 4th Thursday (See exact dates under RESCHEDULED DATES) 3:30 p.m. until food is gone	Smart Foods Foundation, Mission Middle School 939 East Mission Avenue, Escondido, CA 92025	January 2020 - Jan. 23 February 2020 - Feb. 20 March 2020 - March 19 April 2020 - Apr. 23 May 2020 - May 21 June 2020 - No Distribution July 2020 - No Distribution August 2020 - Aug. 27 September 2020 - Sep. 24 October 2020 - Oct. 22 November 2020 - Nov. 19 December 2020 - Dec. 17
	3rd Friday 2:00 p.m. until food is gone	Christ the King at Vallecitos Elementary School 5211 Fifth St., Rainbow, CA 92028	February 2020 - Feb 28 March 2020 - Mar 27 June 2020 - No Distribution July 2020 - No Distribution August 2020 - No Distribution November 2020 - Nov 13 December 2020 - Dec 11
	4th Monday 3:00 p.m. until food is gone	Tribes 4 Christ 22000 Highway 76, Pauma Valley, CA 92061	May 2020 - No Distribution
	4th Tuesday 2:00 p.m. until food is gone	Pauma Valley Community Church 32077 Community Church Dr., Pauma Valley, CA 92061	All distributions will be held on regularly scheduled days
	4th Saturday 12:00 p.m. until food is gone	Provisions Relief Team 1001 W. Country Club Lane, Escondido, CA 92026	May 2020 - May 16 November 2020 - Nov. 21 December 2020 - Dec. 19
	Last Wednesday 9 a.m. until food is gone	Fallbrook Food Pantry 140 N. Brandon Road, Fallbrook, CA 92028	All distributions will be held on regularly scheduled days